



# MASSAGES

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## **LOMI LOMI FULL BODY**

**60 minutes - N\$ 1.200 / 90 minutes - N\$ 1.500**

A traditional Hawaiian massage, using deep and gentle flowing continuous strokes with the hands, forearms and elbows, a dance from top to bottom. Coconut oil hydrates the skin.

## **WARM CANDLE FULL BODY**

**60 minutes - N\$ 950 / 90 minutes - N\$ 1.300**

Indulge in the warmth of an Aroma candle which transforms into an oil, soothing and nourishing the skin and relaxing the body.

## **AROMA RELAX FULL BODY**

**60 minutes - N\$ 950 / 90 minutes - N\$ 1.300**

Swedish massage techniques combined with essential oils calm the nervous system and invigorates the soul.

## **BAMBOO FULL BODY**

**60 minutes - N\$ 1.100**

Deep and intensive, using bamboo sticks. Releases muscle fascia, tension and blockages.

## **INDIVIDUAL DEEP TISSUE**

**60 minutes - N\$ 1.100 / 90 minutes - N\$ 1.400**

Slow and firm sustained pressure, focusing on deep muscle layers and fascia to release muscle tension.

## **FULL BODY EXFOLIATION with MASSAGE**

**90 minutes - N\$ 1.350**

Experience the mineral rich salt scrub, leaving the skin smooth and glowing due to increased blood circulation and removal of dead skin cells.

## **REFLEXOLOGY**

**60 minutes - N\$ 800**

Pressure point massage stimulates reflex zones on the FEET, relaunching energy circulation in the organs, and therefore restoring the energy throughout the body.

## **BACK, NECK & SHOULDERS**

**30 minutes - N\$ 600 / 45 minutes - N\$ 800**

With this targeted treatment using the most suitable techniques to release muscle tension.

## **SHIRO-ABHYANGA**

**45 minutes - N\$ 650**

An Ayurvedic therapeutic massage of the HEAD, SCALP, FACE, NECK and SHOULDERS to reduce stress, improve circulation and reduce mental tension.